



## TV Show

### 'SEW MUCH FUN' The Canadian T.V. Sewing Show Featuring Our Own Linda MacPhee

#### 'SEW MUCH FUN' Episodes - Season 1

To air at 3 pm, Sundays, on ACCESS television:

##### **SHOW #1 (1001)** - (Guest: Nancy Millar)

1. Sewing for Babies
2. Demo: newborn bunting bag, infant bunting bag (#10 BUNTING BAGS)
3. Demo: turning a man's shirt into a sleeper (Singer Sewing Book, 'Quick & Easy Sewing Projects')
4. Duffle booties from slipper pattern (#704 SLIPPERS)
5. Show: Toys from People, Puppets & Paraphernalia book (#903)
6. Visit to the Carstairs Mill

##### **SHOW #2 (1002)** - (Guest: Joan Gibson)

1. Add-Just For You (Large size clothing) with Joan Gibson
2. Discussion of styles & designs that are suitable for the larger figure
  - o #250 BIG SHIRT
  - o #446 CLASSIC CARDIGANS
  - o #444 CRAZY COAT
  - o #208 DESIGNER DUFFLE
  - o #610 FAMILY PANTS,
  - o #485 MAGIC SWEATER
  - o #421 MORE SWEAT JACKET,
  - o #431 STIRRUP PANTS
  - o #412 SUPER SKIRT,
  - o #335 TERRIFIC TOPS
  - o #101 TUNIC
  - o #280 WINDSUIT
3. What tricks have been used to adapt patterns
4. Tips for sewing with Slinky fabric. Demo the Yabut on a model (#360 YABUT)
5. Demo & discussion of twin needles
6. Husqvarna sewing machine buttonhole demo

##### **SHOW #3 (1003)** - (Guest: Pam MacPhee)

1. Buy the shoes & then make the outfit - Linda makes a tunic top to match orange shoes (#101 TUNIC)
2. Tie in other necklaces, bracelets, shoes, etc. to existing garments
  - o #40 DOLMAN BLAZER
  - o #335 TERRIFIC TOPS
  - o #404 5-IN-1 T-SHIRT
  - o #300 SUMMER SHIRT
  - o #1 WORLD'S EASIEST SKIRT
3. Guest: MICHELLE at MMMamamania (with her buttons)
4. Olds College demos making beaded fringe

##### **SHOW #4 (1004)** - (Guest: Steve Antle)

1. Recycling old clothes into new garments
  - o #444 Crazy Coat bomber decorated with men's ties Brown tweed blazer/sweater combo Blk/Grey men's pants duster
  - o #208 DESIGNER DUFFLE,
  - o #121 TWO-PIECE CLASSIC VEST

## #840 MAD-CAPS

2. Make a lattice vest out of men's ties (#122 LATTICE VEST)
3. Make a W. E. Vest from a rug (#115 WORLD'S EASIEST VEST)
4. Make the driving cap (#839 MORE CLASSIC HATS )
5. Carol Todd from Husqvarna demos machine embroidery
6. Olds College demos making frogs

### SHOW #5 (1005) - (Guest: Cathy Babb)

1. Make the World's Easiest Parka (#207 WORLD'S EASIEST PARKA, #507 - CHILD 2 - 6, #508 - YOUTH 8 - 12)
2. Discuss: types of wool - washed or plain, applique, Duffle brush
3. Demo optional lining
4. Show finale coat with shell, vests, & collar
  - o #208 DESIGNER DUFFLE
  - o #861 PARKA VEST
  - o #860 PARKA CAPES & COLLARS
5. Olds College demos the London Shrink method of preparing lightweight wools for tailoring
6. Carol Todd from Husqvarna demos decorative serging (decorative threads, too)

### SHOW #6 (1006) - (Guest: Nancy Millar)

1. Demo making a crazy coat out of old jeans, etc. (#444 CRAZY COAT)
2. Guest: Joan Statz - Quilting wall hangings using traditional fabrics or jeans.

### SHOW #7 (1007) - (Guest: Elayne Lutz)

1. Make a towel coat (#444 CRAZY COAT)
2. Mitts & Zany Hats - Show assortment of hats & mitts (#842 ZANY HATS I, #843 ZANY HATS II)
  - o Demo making 1-piece mitt (#902 MAKING MITTENS)
  - o Demo making squid hat (#844 BLOCK HEATERS )
3. Visit with an Olds College Grad.
4. Visit Olds Fibre Week - Doll Course.

### SHOW #8 (1008) - (Guest: Susan Wells)

1. Home Decor: drapes (working efficiently with large amounts of fabric), cushions.
2. Demo: How to make a mitered corner.

### SHOW #9 (1009) - (Guest: Thora Eyeford)

1. Peek-a-Boo Jacket - Make 'Sew News' cover jacket using Crazy Coat pattern, Yukon Fleece & wild print fabric (#444 Crazy Coat)
2. Other types of reverse appliques. - Blk./Off Wht./Red/Yellow reverse applique vest, Red denim window applique vest (#121 2-PIECE CLASSIC VEST, #865 MORE ETHNIC APPLIQUES)
3. Guest: Anne Lambert - Curator of Costumes & Textiles, Dept. of Human Ecology at the University of Alberta. - Show samples & discuss tradition molas - reverse appliques.
4. Making your own trim - Fabric strip piecing like Seminole Patchwork construction.
5. Demo & discussion on applique scissors.

### SHOW #10 (1010) - (Guest: Cathy Babb)

1. Make "Sew News" Vest (#110 SKI VEST & HAND-OUT)
2. Show other ski vests including reversible vest.
  - o Appliques: (#845 SPRING HAS SPRUNG, #847 THE GREAT OUTDOORS, #831 COPY CATS I (CLASSIC CATS) )

Vests: (#110 SKI VEST, #111 PIECED PUZZLE VEST)

3. Demo: Drawstring Threader
4. Demo: free-motion stitching snowflakes through paper pattern (#846 SNOWFLAKES)
5. Show an assortment of slippers from both patterns - made out of Yukon Fleece or wool (#704 SLIPPER PATTERN, #707 YUKON FLEECE SLIPPERS/SOCKS)
  - o Demo making 1-piece slipper from original slipper pattern.
  - o Discuss non-slip tread.

**SHOW #11 (1011)** - (Guest: Diana Yakamyshyn)

1. Magic Sweater (#485 Magic Sweater)
  - o Modelled fleece & wool varieties
  - o Demo: piecing onto a mirage base with fabrics, appliques, braids & trims.
2. What to make from Handwoven Fabrics (#115 World's Easiest Vest, #101 Tunic, #299 Straight Jacket):
  - o World's Easiest Vest, Tunic, Straight Jacket
  - o Using handwoven fabrics with other fabrics & leathers
  - o Edge finishes: foldover braid, leather binding
  - o Stabilizing - interfacing, stitching/quilting to a base, 'Tear Away'
3. Wraps & Cocoon Coats (#152 Wraps & #151 Cocoon Coats)

**SHOW #12 (1012)** - (Guest: Elayne Lutz)

1. Demo Make Your Quilt & Wear It, Too! (#153 Make Your Quilt & Wear It, Too!)
  - o Show piecing, layout, finishing.
  - o Show blk. Yukon Fleece magic coat (#150 MAGIC COAT)
2. Olds College demos how to make toggles.
3. Visit Olds College Fibre Week - Quilting Course.

**SHOW #13 (1013)** - (Guest: Cathy Babb)

1. Make mukluks (#901 MAKING MOCCASINS & MUKLUKS )
2. Guest: Margaret Cardinal
  - o Demo & discuss beading, quillwork, moose-hair tufting, horse-hair, fish scales.

**SHOW #14 (1014)** - (Guest: Thora Eyeford)

1. Yukon Fleece No Sweat Jackets (#420 NO SWEAT JACKET)
  - o Samples of nylon ribbing, cotton/lycra ribbing
  - o Samples of Power Stretch Fleece, Chamois Fleece, WindBloc Fleece
  - o Make kid's multi-colour fleece No Sweat jacket.
  - o Jacket-in-a-Bag variation
  - o No Sweat as a vest variation
  - o Adding applique - Northern Lights No Sweat, Skiing No Sweat (#875 Northern Lights)
  - o Show how to create mountains for Skiing No Sweat
2. Make Soft Sculpture Skiers for No Sweat (also on Video: 'Sew Creative').
3. Underworld segment on Darlene Turnbull's kids sewing set-up in Red Deer.

**SHOW #15 (1015)** - (Guest: Nancy Millar)

1. Positive/negative 2-tone cape (#863 ART COATURE)
  - o Show & discuss divisions of Red/Blk. Cape & Blk./Wh. Cape
  - o Make red/blk. variation
2. Classic Hats (#839 MORE CLASSIC HATS )

- Reversible Yukon Fleece & animal print flat crown hat.
  - o Blk. wool sectioned crown with finished lower edge & fur scrap band around bottom (no brim).
- 3. Demo & discussion of various types of marking implements.
  - o ie. Chacoliners, disappearing markers, chalk pencils
- 4. Visit the Sewing & Needlecraft Festival.

**SHOW #16 (1016)** - (Guest: Pam MacPhee)

1. Make the red/blk. positive/negative ethnic appliqued vest (2-piece classic vest)
  - o #121 2-PIECE CLASSIC VEST
  - o #859 ETHNIC APPLIQUES
  - o How to sew buttons on by machine.
  - o Also show: faces straight jacket, original ethnic applique Awesome Jacket
    - o #299 STRAIGHT JACKET
    - o #866 SEW MANY FACES,
    - o #30 AWESOME JACKET
    - o #859 ETHNIC APPLIQUES
2. Decorating Blouses
  - o movable adhesive, leather tape
3. Olds College demonstrates Computer-Aided Drafting.
4. Visit the Wedding Dress exhibit at the Red Deer Museum.

**SHOW #17 (1017)** - (Guest: Thora Eyeford)

1. Ski Jackets
  - o Show assortment of jackets: Bomber, Designer Dolman, Designer Duffle
    - o #440 Bomber JACKET
    - o #460 Designer Dolman
    - o #208 Designer Duffle
  - o Make Designer Dolman Ski Jacket
2. Insulation discussion with Ruth from 3M - & her video
3. New types of machine needles: Microtex Needles
4. Interview with Dave Bolt on outerwear fabrics.

**SHOW #18 (1018)** - (Guest: Steve Antle)

1. Make a kite (KITE KIT)
2. Guest: Michelle from MMMamamania (buttons)
3. Make a braid & 'Velcro' watchband.
4. Detachable collars (#810 LEATHER COLLARS)
5. Zippers
  - o Types & their uses: metal teeth, plastic teeth, crystal teeth, zipper by the foot, coil zips.
  - o Making zippers reversible.
  - o Shortening zippers.
6. Husqvarna machine demo.

**SHOW #19 (1019)** - (Guest: Joan Gibson)

1. Fling Thing (#170 Fling Thing)
  - o Make one out of Yukon Fleece.
  - o Discuss other fabric choices, bedspread choices.
  - o Demo making a French seam.
2. Cargo Vest (#100 Cargo Vest)
  - o Demo making expandable pockets, quick zip pockets, pockets within pockets, pocket flaps.
  - o Demo zipper application (from wrong side so front facings flip to outside).
3. Quillo
  - o Demo making a quillo.

- o Demo of decorative rotary cutting blades.

**SHOW #20 (1020)** - (Guest: Elayne Lutz)

1. Make a patchwork frenzy coat from the Designer Duffle pattern - re: 'Sew News' cover (#208 Designer Duffle(& HAND-OUT)).
  - o Making piping using a blk./wht. striped cotton interlock with a filler (show with Yukon Fleece as filler & cording as filler).
2. Olds College demos making frogs.
3. Visit the Edmonton Sewing Retreat.

**SHOW #21 (1021)** - (Guest: Diana Yakamyshyn)

1. Make a kasha Cardigan (#446 CLASSIC CARDIGAN.)
2. World's Easiest Vests (#115 World's Easiest Vest)
3. Visit Olds College Fiber Week - Spinning Class.
4. Olds College demonstrates how to do draping.

**SHOW #22 (1022)** - (Guest: Susan Wells)

1. Home Decor
  - o Speed gathering, welting, gathered welting, pillows, denim.
2. Demo: Baba Tea Cozy from PPP Book (#903 PPP Book)

**SHOW #23 (1023)** - (Guest: Thora Eyeford)

1. Crinkle nylon Big "T" top (#330 Big "T") with ribbed v-neck, bottom & cuffs & matching plain windsuit pull-on pants (#280 WINDSUIT) with side zips at bottom & plain hem.
  - o Demo: Applying ribbing to bottom, sleeves & v-neckline.
2. Tear Away Pants (#280 WINDSUIT & HAND-OUT)
  - o Demo: Pants pattern side adjustments, adding side bands, applying waist elastic.
3. Snap Tool
  - o Use tear away pants to discuss snap placement, marking & cutting holes on both sides before any pieces are attached.
  - o Demo putting in snaps using Prym Vario Plus Snap Tool (pliers).
  - o Demo applying snaps using commercial hand press snap machine.
4. Snap-Off Legs
  - o Discuss making windsuit pants into shorts
5. Mini fashion show of other outfit ideas - Blk./Cream/Gold R & R Suit (#275 R & R Suit), Magenta Running Suit (#280 WINDSUIT), Purple/Fuchsia/Checkerboard More Sweat & Pants (#421 More Sweat & #280 WINDSUIT)
6. 3M reflective tape - placement, sew on

**SHOW #24 (1024)** - (Guest: Elayne Lutz)

1. Rainwear
  - o Fashion Show discussing techniques, design ideas, functions, fabrics, linings, etc.
  - o Oilcloth, Dermoflex, Nikwaxed Cotton Jacket (demo with a glass of water), Touchdown & Yukon Great Canadian.
2. Make Great Canadian Coat (#289 GREAT CANADIAN COAT)
3. Guest: Dave Bolt - Discuss fabric properties.
4. Visit Textile Analysis Service at the University of Alberta (faculty of Human Ecology).

**SHOW #25 (1025)** - (Guest: Nancy Millar)

Demo making a "Boiled Wool" Awesome Jacket (#30 AWESOME JACKET) w/  
Floral Applique (#869 FLOWER GARDEN APPLIQUE).

- o - Discuss nap (duffle brush).
- o - Demo free-motion stitching to apply appliques.
- o - Demo adding lining.
- o - Demo zipper or metal clip closures.

2. Recycling old sweaters (#330 BIG "T")

- o Show Big T's - all sweater pieces & mix of sweater pieces & Yukon fleece.
- o Show Crazy Coats (#444 CRAZY COAT)

3. Olds College demonstration of flat pattern design.

#### **SHOW #26 (1026)** - (Guest: Cathy Babb)

1. If it's going to be lined, why not make it reversible? - Cathy Babb's samples

- o roll-back cuffs, putting in zippers, adding ribbing
- o attaching both layers together & binding, then lapping seams to sew together
- o adding pockets
- o Embellishment placement considerations

2. Make a Patchwork Puzzle Coat (#448 Patchwork Puzzle Coat)

3. Make a loopy scarf out of Yukon Fleece.

4. Cathy interviews Linda about starting her business.